

## Project Work

### 4-H Projects

#### What is a 4-H Project?

...activities centered around a specific subject. Youth accomplish educational activities with the assistance of an adult. Many completed projects can be entered in the fair. Project selection should not be based only on interest, but also on ability to complete the activities. (Example: a wood science project requires tools; photography requires a camera.)



#### 4-H Projects:

Gardening	Arts & Crafts
Arts and Crafts	Energy
Home Environment	ATV Safety
Career Exploration	GPS/GIS
Natural Resources	Entomology
Crochet	Communications
Knitting	Foods
Photography	Electricity
Beef	Sewing
Cats	Sheep
Dairy	Swine
Leadership	Goat
Poultry	Rabbit
Wood Science	Horse
Babysitting	Bicycle
Avian Bowl	Shooting Sports
Dog	Forestry

## 4-H Calendar

September	Awards Point System Record Sheets Due
Sept./October	Club Organization 4-H Member Enrollment
October	Project Books Due
November	4-H Achievement Applications Due Reality Store
December	4-H Awards Banquet
January	Poetry Contest
February	Poster Contest
March	Talent Show
March/April	Talk Meet Contest Demonstration Contest
April	Area Rally Day
April/May	American Private Enterprise Program
June	State Teen Conference Kentucky Youth Seminar Summer Camp
June/July	County Fair

## Volunteer Opportunities



Parents...If you are interested in volunteering to serve with 4-H in any capacity please contact the Extension Office for a Volunteer Application Packet.

## LaRue County 4-H

### What can 4-H do for you?



**Misty Wilmoth**  
**Agent for 4-H Youth Development**

PO Box 210, 807 Old Elizabethtown Rd.  
Hodgenville KY 42748

Phone: 270-358-3401  
Email: [mwilmoth@uky.edu](mailto:mwilmoth@uky.edu)

## 4-H Pledge

I pledge my **HEAD** to clearer thinking,  
my **HEART** to greater loyalty,  
my **HANDS** to larger service,  
and my **HEALTH** to better living,  
for my club, my community,  
my country, and my world.

## Club Officers

Club Name \_\_\_\_\_

President \_\_\_\_\_

Vice President \_\_\_\_\_

Secretary \_\_\_\_\_

Reporter \_\_\_\_\_

Club Leaders \_\_\_\_\_



## 4-H Activities & Events

### Speech Contest -

Learn to write, organize and deliver a speech effectively. County, Area and State Events held annually.

### Demonstration Contest -

Learn to organize and present information demonstrating a skill or activity. County, Area and State Events held annually.

### Talent Show -

Entertain an audience through a live performance. County and State Events held annually.

### LaRue County Fair -

Exhibit items you have made. Qualifying exhibits are entered in "4-H Cloverville" at the Kentucky State Fair.

### Country Ham Project -

Youth learn to cure two of their own country hams to exhibit at the State Fair. Contestants must also give a speech about their hams.

### 4-H Summer Camp -

Youth ages 9 to 14 participate in an overnight camp. Classes include canoeing, riflery, archery, crafts, nature, recreation, swimming and more.

### Teen Summit -

6th - 8th grade youth participate in a 3 day overnight conference where they can experience social, educational and leadership programs.

### Teen Conference -

Open to high school freshmen. Social, educational, citizenship and leadership programs are offered.

### Issues Conference -

Conference for teens to learn the skills needed for identifying and carrying out community programs addresses local and current issues.

### 4-H Reality Store -

Real-life simulation in which students learn to budget money, pay bills and experience life. Offered to all 8th graders.

### School Clubs -

Organized in schools during the fall of the year. Club meetings are held during the school day. Each club elects officers and holds monthly meetings while covering school curriculum through hands-on activities.

### Special Interest Clubs -

Organized club with members that share a common interest or project. Teen, Horse, Livestock, Arts & Crafts Explorers, Canoe & Kayak, Cooking, Dog, Gardening, Poultry, Rabbit, Sewing, and Shooting Sports.

### Cloverbud Club -

Available to youth ages 5 to 8 to participate in introductory 4-H projects and hands-on learning activities.

### School Enrichment -

These are educational programs or materials that add to the school's curriculum such as the Reality Stores and Chick Incubation Project.

### Individual Study -

If a project or activity is not offered on this list that youth are interested in, chances are 4-H still has information about it! Youth can do an individual study on practically anything 4-H has to offer!

### Teen Leadership Academy -

Five teens are selected each year to participate in TLA with four other counties. Teens may apply during their 8th - 11th grade years. The program includes monthly sessions focused on building leadership skills.