

## Kentucky 4-H Achievement Program

### Guide to Programs, Activities, and Events

*This document serves as a guide in organizing and categorizing 4-H participation for the Achievement application. This guide is structured to mirror the sections of the Achievement application, providing examples of clubs, contests, projects, and events that fit within each category. This list is not all-inclusive.*

#### Agriculture and Animal Science

##### Clubs:

- Alpaca
- Companion Animals
- Dairy
- Dog
- Garden
- Horse
- Horticulture
- Livestock
- Model Farm
- Poultry
- Rabbit

##### Contests:

- Avian Bowl
- Dairy Jeopardy
- Dairy Judging
- Dog Bowl
- Dog Skillathon
- Horse Contest
- Hippology
- Horticulture Contest
- Land Judging
- Livestock Judging
- Livestock Quiz Bowl
- Livestock Skillathon
- Meat Judging
- Poultry Judging
- Poultry Showmanship
- Rabbit Skillathon

##### Projects:

- Alpaca Show
- Companion Animal Poster Fair Project
- Country Ham Project
- Crops Fair Project
- Dairy Project

- Dairy Show
- Dog Show
- Embryology Project
- Horticulture/Plant Science Fair Project
- Horse Academy
- Horse Project
- Horse Show
- Livestock (Beef, Goat, Sheep, Swine) (Breeding and Market) Project
- Livestock Show (Beef, Goat, Sheep, Swine)
- Tobacco Fair Project
- Trail Riding Project

##### Special Events or Participation:

- Ag Safety Day
- Career Shadowing in Agriculture/Animal Science Field
- Dare to Dairy
- Dairy Cow Camp
- Dog Camp
- Equine Task Force
- Horse Camp
- Livestock Clinic
- National 4-H Dairy Conference
- Poultry Show
- Rabbit Show
- Southeast Dairy Youth Retreat
- Top 12 Week (Livestock Judging)

#### Communication and Expressive Arts

##### Clubs:

- Art
- Dance
- Drama
- Music
- Performing Arts
- Speech
- Visual Arts



Contests:

- Mock Job Interview Contest
- Speech and Demonstration Contest
- Written Communication Contest

Projects:

- Art Fair Project
- Photography Fair Project

Special Events or Participation:

- Career Shadowing in Communication/Expressive Arts Field
- Emcee for 4-H Event (4-Her has major speaking role.)

**Family and Consumer Sciences**

Clubs:

- Babysitting
- Cooking/Culinary
- Homemakers
- Sewing

Contests:

- Country Ham Recipe Contest
- Culinary Challenge
- Cupcake Wars
- Egg Chef Challenge
- FCS Bowl
- Lifesmarts Contest
- Piggy Bank Contest
- Poultry BBQ Contest

Projects:

- Financial Education Fair Project
- Food Fair Project
- Food Preservation Fair Project
- Home Environment Fair Project
- Needlework Fair Project
- Sewing Fair Project

Special Events or Participation:

- Career Shadowing in Family/Consumer Science Field
- Fashion Leadership Council
- It's Your Reality
- Passport Kitchen

**Health and Wellbeing**

Clubs:

Contests:

Projects:

- First Aid and CPR
- Health Rocks

Special Events or Participation:

- Blender Bike Programs
- Career Shadowing in Health Field
- Mental Health Events/Programs
- Health Fair Participation

**Leadership**

Clubs:

- Jr. MANRRS
- Exchange Program/Travel
- Leadership
- Teen Council

Contests:

Projects:

- Civic Engagement/Service Learning Fair Project
- Leadership Fair Project
- Life and Work Readiness Fair Project

Special Events or Participation:

- 4-H Day for History
- 4-H LIFE
- Adelante 4-H
- Capital Experience
- Career Shadowing in Leadership Field (such as CEO, Director, Manager)
- IGNITE 4-H
- National 4-H Citizenship Washington Focus
- National 4-H Conference
- National 4-H Congress
- States' 4-H International Exchange Program

For the Leadership section, please be aware that there are individual category boxes for State Teen Council, 4-H Summit, 4-H Teen Conference, 4-H Southern Region Teen Leadership Conference, and 4-H Issues Conference.



### Natural Resources

#### Clubs:

- Entomology
- Forestry
- Environmental
- Jr. Master Naturalist
- Geology
- Nature
- Outdoor Adventure
- Shooting Sports
- Wildlife
- Woodworking

#### Contests:

- Forestry Field Day
- Shooting Sports Contest
- Sr. Forestry Judging Contest
- Wildlife Challenge
- Wildlife Habitat Education Program Contest
- Win with Wood Contest

#### Projects:

- Bee Observation Hive Fair Project
- Forestry Educational Exhibit Fair Project
- Honey Fair Project
- Insect Collection
- Insect Photography Exhibit
- Geology Collection
- Geology Display Fair Project
- Leaf Collection
- Leaf Print Collection
- Woodworking Project

#### Special Events or Participation:

- Career Shadowing in Natural Resources/Environmental Sciences Field
- Environmental Camp
- Stream Team
- Natural Resources and Environmental Sciences (NRESci) Academy
- NRESci Ambassador Teen Board
- Shooting Sports Teen Ambassador Board

### Science, Engineering, and Technology

#### Clubs:

- Aerospace
- Computer Science
- LEGO
- Minderbenders (Problem Solving)
- Petroleum Power
- Robotics
- SET
- Small Engines
- STEM

#### Contests:

- Lawn Mower Driving Contest
- Robotics Challenge
- Tractor Driving Contest

#### Projects:

- Electricity

#### Special Events or Participation:

- Career Shadowing in SET/STEM Field
- SET Leadership Teen Board
- SET/STEM Camp

*NOTE: For clubs that cover multiple disciplines, review the focus of each club meeting throughout the program year to determine the primary focus of the club. For instance, if a homeschool club covers multiple disciplines but focuses on cooking-related activities for 5 out of the 8 meetings, it would be listed in the Family and Consumer Science club section.*

