

## 4-H Cooking



### Project Record Form

Name \_\_\_\_\_ School \_\_\_\_\_ Grade \_\_\_\_\_

Address \_\_\_\_\_  
Street and Number City State Zip Code

County \_\_\_\_\_ Birth Date \_\_\_\_\_

A. List all the 4-H cooking recipes you prepared for this project. This is the size and scope of your project.

Item Prepared	Date Prepared	Number of Servings	What You Remember about the Food or Its Preparation (Comments)
<b>Total</b>			

B. List your expenses from this project \_\_\_\_\_

\_\_\_\_\_  
 \_\_\_\_\_

List your income, if any, from this project \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

C. List other activities, such as exhibits, demonstrations, and tours, you participated in as part of this project. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

D. What skills did you learn during the course of this project? (examples: to read labels, to measure ingredients) \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

E. List the awards and recognition you have received in this project. Tell the level of recognition. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

F. If you helped others with their cooking projects, give the number of people you helped and what you did to help them. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

G. List your citizenship and community service in this project. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

H. Write a project story telling what you did in the project. Tell what you learned, what you enjoyed and difficulties encountered in the project.

